

Simple I-cord Tie Headband



Gauge is not important, but thinner yarns (worsted and thinner) will lay flatter and be easier to tie. It's not a super-inspired pattern, but I didn't see quite what I wanted to make in the database yet!

Materials:

US #5 dpns (or dpns appropriate for your yarn)
light worsted or sport weight yarn (or, like, whatever you have in stash!)
tapestry needle for weaving in ends
A measuring tape is helpful

Skills:

cast on, bind off
i-cord
knit, purl
k1fb (knit one front and back increase)
k2tog (knit two together decrease)

Don't forget the band will stretch! Lay it over your head as you go to get an idea of how long or short you'd like the ties and band to be. The measurements for my headband are given in parentheses.

Leading tie:

Cast on three stitches on dpns
Work in i-cord for 5 to 6 inches (5.5 inches)
Switch to flat knitting on the dpns

one ear to the other: 12 to 14 inches (13.5 inches)
Unless you're a super perfectionist, it won't matter if you end on a right side or wrong side.

Band increase:

Row 1: k1fb, k1, k1fb (5 sts on needle)
Row 2: k all
Row 3: k1fb, k2, k1fb (7 sts on needle)
If you want a wider band, repeat the knit row and the increase row until you like it!

Band decrease:

Row 1: k2tog, k3, k2tog
Row 2: k all
Row 3: k2tog, k1, k2tog
(or however many rows it takes you to decrease to 3 sts on the needle)

Main Band:

Row 1: k2, p3, k2 (wrong side)
Row 2: k all
Repeat rows 1-2 until band reaches from behind

Ending tie:

Knit in i-cord until it's the same length as the first one
bind off
weave in ends
block if needed to help lay flat